

Vibrant Jiu Jitsu

Updated & effective June 27, 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 AM	Week in Review - Adults & Kids / Open Mat (Gi Optional) 11am - 12:30pm
12:00 PM	
1:00 PM	Adult All-Levels (Gi) 12 - 1pm	.	Adult All-Levels (Gi Optional) 12 - 1pm	.	.	.
5:00 PM
6:00 PM	Jungle Kids Jiu Jitsu (Age 5-14) (Gi) 5 - 6pm	Little Cubs Jiu Jitsu (Age 4-7) (Gi) 5:20 - 6pm	Jungle Kids Jiu Jitsu (Age 5-14) (Gi Optional) 5 - 6pm	Little Cubs Jiu Jitsu (Age 4-7) (Gi Optional) 5:20 - 6pm	.	.
7:00 PM	Adult Fundamentals (Gi) 6 - 7pm	Jungle Kids Jiu Jitsu (Age 5-14) (No Gi) 6 - 7pm	Adult Fundamentals (Gi Optional) 6 - 7pm	Jungle Kids Jiu Jitsu (Age 5-14) (Gi Optional) 6 - 7pm	Week in Review - Adults / Open Mat (Gi Optional) 6:30 - 7:30pm	.
8:00 PM	Advanced Jiu Jitsu / Open Mat (Gi) 7 - 8pm	Adult Fundamentals (No Gi) 7 - 8pm	Advanced Jiu Jitsu / Open Mat (Gi Optional) 7 - 8pm	Adult Fundamentals / Open Mat (Gi Optional) 7 - 8pm	Adult Striking 7:30 - 8:30pm	.
